

# AFDIA - Chapter Four - Text and Discussion

Post by "Don" of March 5, 2022 at 4:07 PM

[Quote from Cassius](#)

truly the most effective way of living pleasurably is to understand and engage with reality, rather than to indulge in fantasies (which is perhaps the main issue with the pleasure machine hypotheticals - they are not consistent with reality)

I like that response to the "pleasure" machine (purposefully using quotes)