

# Rarely read writer DeCasseres on Epicurus' great discovery

Post by "EricR" of February 27, 2022 at 4:09 PM

## [Quote from Kalosyni](#)

I would add that "egoistic gratification" cannot come to the fullness of joy and will not be completely pleasurable unless we join together with others in friendship and savoring of life -- we would then come to let go of a hyper self-focused individualism

I said nothing about "hyper self-focused individualism". This is the issue with the word "egoist" that I was talking about. It has become a despised word because it is assumed to refer to some form of mean-spirited selfishness that harms other people. In fact, the word merely refers to the idea that each individual person is the measure of what is good for that individual. Nothing more or less.

I don't know what you mean by "the fullness of joy". But whatever it exactly is, the statement seems to indicate that one cannot experience it without other people. I have deep, satisfying, complete feeling experiences on my own all the time so I must differ on this point.

My sense is that you don't like the word "egoism" because you equate it with this "hyper-self focused" state which you appear to think is bad. Again, I'm only using the word in its simplest form. Namely, referring to oneself with regard to determining what is good or bad which in the context of Epicureanism is pleasure or pain.