

As to the Term "Hedonic Calculus" or the "Calculus of Advantage"

Post by "Kalosyni" of February 27, 2022 at 4:01 PM

There are different levels of choices in life. There are simple everyday decisions that we can easily use our "gut" to decide, such as whether to cook beans or chicken for dinner. And many simple decisions don't cause much of a long-term impact.

But for big life decisions, it can require some decision making "calculus". And some big decisions can be very difficult to make when they are "hard choices" -- meaning that either one will greatly impact your life, but yet neither one seems better than the other (both are on par).

The only way through is to ask yourself "Who do I want to be?" -- to see that each choice will create something new in your life. Then you commit to get behind that choice to become that person. (These ideas come from Ruth Chang, professor of jurisprudence at the University of Oxford).

I still think there is something useful about the "hedonic calculus"... [Martin](#), you are really good with explaining "hedonic calculus" for big decisions, can you help out by adding in your explanation to this thread?