

Tetrapharmakos in Philodemus's On Choices and Rejections

Post by “Kalosyni” of February 26, 2022 at 1:43 PM

[Quote from Don](#)

The gods provide no reason to fear them... because they're not motivated by anger or gratitude.

Death is to be approached with no suspicion... because we don't exist after we die.

The Good is easily obtained... because of the reasons laid out in various texts.

The Terrible is easily endured... because ditto.

The first two are easy (in my mind) but the last two are difficult.

Are there threads that we can cross reference to the "the good is easily obtained" and "the terrible is easily endured"? At times it seems that these last two depend on using stoic "mind over matter"?