

# A shower thought on pleasure and meals.

Post by “smoothiekiwi” of February 16, 2022 at 2:56 AM

Yes, you're right! The more I study this philosophy, the more it seems that everything falls into place, and especially- that Epicurus was a very wise man 😄

## [Quote from Cassius](#)

I really don't care for the word "prudent" because of its modern connotations, but I guess that really is more in the direction we're looking for.

You've expressed it better than I did. You're right, there's no balance in eating poisonous and healthy food, or in drinking dirty and clean water. Thanks for clarifying! Although I'll probably need a bit of time to „consolidate“ this thought, it rationally makes sense.

## [Quote from Cassius](#)

Excellent post and no need to worry about repetition. We'll be repeating this as long as we live

Glad to hear it, thanks ☐☐