

# From The "Golden Mean" to the "Summum Bonum" - Useful or Deceptive Frames of Reference?

Post by "Cassius" of February 13, 2022 at 8:07 AM

[Quote from smoothiekiwi](#)

, but it still cannot replace real life friends.

You are absolutely right, we cannot ever forget that, and so we have to use this place as a start, not an endpoint, and move forward into organizing our local real worlds to find (or make from scratch!) Friends who are Epicureans or at least Epicurean-friendly.