

An Epicurean Understanding of Valentine's Day: Love, Romance, and Free-will

Post by "Kalosyni" of February 7, 2022 at 12:25 PM

Valentine's Day is all about celebrating love. Here is an excerpt on the first stage of love, and this is just one approach to the idea of stages within a relationship:

Quote

If there's one thing in life that's anything but simple, it's love. That's why there are so many relationships that end early and so many married couples who wind up divorced. Movies and fairytales make the entire experience look so easy, but it's a lot more complicated. While love is a natural thing to feel, most people don't know that love will eventually move through several stages of love.

It evolves as your relationship and life evolves. If you or your partner bail too early, you will never reach the final stage where many are able to find true contentment and a stronger connection than ever before.

Love Stage #1 - The Passionate Beginning

The first stage of love, often called the "honeymoon phase," is what most people envision when they think of falling in love. This is the stage where you meet a potential partner and begin to have feelings for one another. Your heart skips a beat when you see them; you have butterflies in your stomach, and they consume your thoughts. More than love, this is infatuation. You experience intense, passionate feelings for the other person.

This is the stage in which you're most likely to disregard or overlook anything negative or concerning about your potential mate. Their weaknesses seem nonexistent. Other people might see them, but you have no idea what they're talking about. You're wearing rose-colored, heart-shaped glasses. Plus, you're high on [hormones like](#) oxytocin, dopamine, serotonin, testosterone, and estrogen.

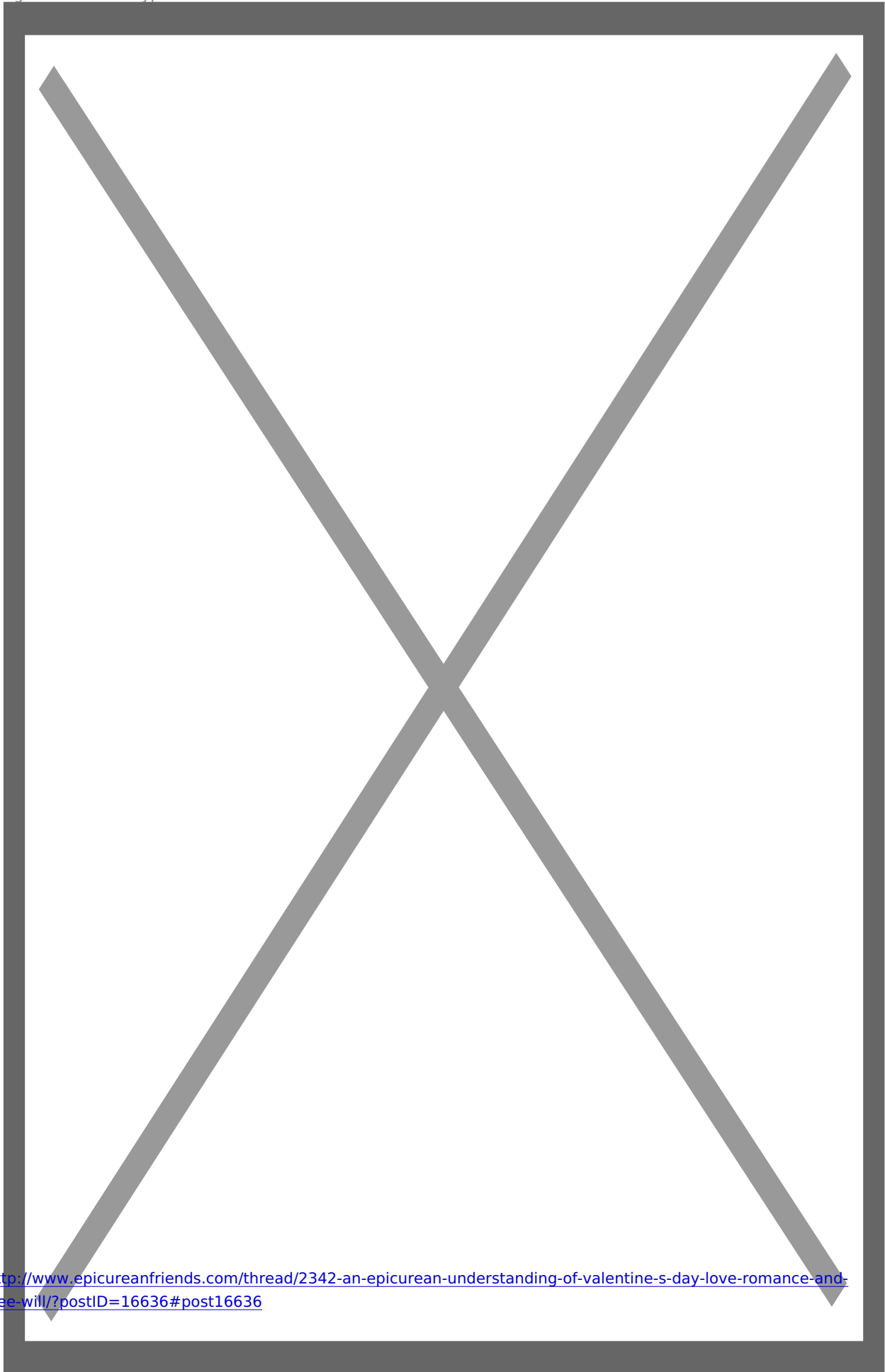
For most people, this is their favorite stage of love because everything just feels good. You can't imagine arguing or things taking a turn for the worse. If only you could stay in this stage forever! However, that is not realistic. For a relationship to last, you have to know your partner intimately, including all of his or her flaws and faults. That begins in the next stage.

<https://www.betterhelp.com/advice/love/ho...stages-of-love/>

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And here is a good one on 7 stages:

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<http://www.epicureanfriends.com/thread/2342-an-epicurean-understanding-of-valentine-s-day-love-romance-and-free-will/?postID=16636#post16636>

[What Are The 7 Stages of Marriage and How to Survive Them — Loving at Your Best](#)

All relationships go through stages. Every stage teaches you about the other person, which might reveal a side of them that you didn't know about.

www.lovingatyourbest.com