

# Opening Post On Distinguishing Epicurean Philosophy from Buddhism

Post by "Godfrey" of December 19, 2018 at 7:02 PM



It would only be an incidental byproduct of other activities and not something to be sought after or desired (since one should be getting rid of desire). For example meditation, enlightenment, or helping an old lady across the street may bring pleasure. But they are to be done because they are what needs to be done. If they bring pleasure, there's no reason not to enjoy that pleasure but it shouldn't be dwelled upon and the activities aren't done for the reward of the pleasure.

That sounds pretty dry. There's plenty of pleasure in B, but theoretically it's achieved under these conditions.