

# Opening Post On Distinguishing Epicurean Philosophy from Buddhism

**Post by "Cassius" of December 18, 2018 at 3:46 PM**

Godfrey -- When you list those "Four Noble Truths" and "The Noble Eightfold Path" who is the authority that says those "are the most fundamental doctrines of Buddhism?" I'm not sure I've been able to establish anything that people generally take as given - were these endorsed or issued by someone in "authority."

Of course also that list really isn't a list of "doctrines" so much as a list of "topics." Is there a list in complete understandable sentences as to what each of the four plus eight mean?

Thanks very much for this so far.