

A Depression Thread at the Epicurean Philosophy Facebook Page

Post by “Marco” of January 30, 2022 at 2:37 PM

About depression:

‘...Nor can one live wisely, honorably, and justly without living pleasantly..’. PD 5

So, someone who is depressed should ask himself: ‘Where was I not living wisely/prudently, not honorably or not justly’ and change that.