

Joshua's "Only The Beginning" Observation

Post by "smoothiekiwi" of January 11, 2022 at 9:35 AM

Quote

Your post contains lots of interesting and good points, and I want to call this one out as especially good. I like the way you think!

Thanks! This issue has honestly occupied my mind for some time now, and- just like with Stoicism-, that's a big "red flag" there. I couldn't find a solution to this problem yet, and I think that there isn't any.

Quote

And YOLO means "You Only Live Once" (which implies seize the day / make the best of it)

Ah, thank you for explaining that, I honestly was clueless to what it means 😊

I think that this expression carries at least two meanings. One of them is what [Don](#) meant- use the moment, live your life now, don't wait for later in order to be happy. That's a very good thought, and a very important one- we live our lives only once, and it's a very short period in time. On the other hand, it could also mean to "be the best possible version of yourself, and ideally now". And, as I pointed out above, I think that it's a recipe for unhappiness. In some way, that correlates with the Buddhist thought that desire will produce unhappiness. Although I don't fully agree with it- especially fulfillable desires can prove very pleasurable and outweighing the pain by a lot-, there's truth in that when it comes to endless desires. Epicurus would probably call this strive for constant self-perfection non-natural and non-necessary.

But maybe I'm mistaken- please correct me then!