

## PD10 - Interpretations of PD 10 Discussion

Post by “smoothiekiwi” of January 7, 2022 at 4:08 PM

[Elli](#) , I'm so sorry for your loss. My mother lost her brother in a similar accident, and it still hunts our family to this day. I don't want to imagine what it must have felt like to go through such a huge amount of stress and chaos- I don't think that one can even really put it into words. And I'm very glad that you could recover from this, as far as possible. Almost any philosophy tries to provide a remedy for such terrible accidents, but implementing them into life is far more difficult.

And don't let hate or anger consume you. In the right amount, during the right time, they are necessary- but, when they stay in you for too long, they start to poison you. I don't think that I can/should give advice to you- probably you can give me loads and loads of advice, compared to my very limited experience-, but nevertheless I think that its important to be said.

stay strong!