

# In Defense of Desire and How to Enjoy It

Post by “smoothiekiwi” of January 7, 2022 at 6:31 AM

## [Quote from Cassius](#)

For some reason the name "SmmothieKiwi" sounds like you live in Australia or New Zealand. Either way, I see you are in time sync with [Don](#), for whom I have identified from about 5AM to 630AM as "the Don hour" for his most frequent posting. You can set your clock by it.

It's actually somehow funny to communicate with the people one listens to on a podcast, and it's great to recognize names 😄

And nah, I'm actually a co-citizen with [Martin](#), so on the other side of the world- I actually don't know why I chose that username, maybe because I like kiwi birds and smoothies?