

Merry Christmas To Our Epicurean Friends!

Post by "Cassius" of December 23, 2021 at 6:32 PM

As we begin to settle in to the Christmas holiday we should all remember that this is a tough time of year for many people - including our fellow fans of Epicurus. Most of us have grown up in predominantly Christian environments, and the first issue that arises is the effect of realizing that both the "Santa Claus" and the more religious aspects of Christmas are equally fabulous. When you combine with that the more personal disappointment that many of us feel when we consider how different the Christmas we experience today is from what we expected when we were younger -- the season becomes a period of special stress and cognitive dissonance for many of us.

For that reason this is a particularly important time of year to remind each other that there do exist many others like us who share our Epicurean worldview. We can experience that reminder in our various online locations, so if you are at all tempted to do so, be sure to reach out and post about your thoughts and experiences and emotions as you navigate through this time of year.

There are many of us online throughout the holidays. Online isn't the same as being there, but I think you'll be pleasantly surprised by the responses you'll get if you reach out to others in the Epicurean community at this time of year.

For the time being, enjoy the holidays, and let us know if there is anything you would like to talk about!

