

Recommendations for Happy Living

Post by “Cassius” of November 17, 2021 at 3:53 PM

Those are great suggestions thank you!

As to number seven, that's mainly a reference to:

[PD06](#). Whatever you can provide yourself with to secure protection from men is a natural good.

[PD39](#). The man who has best ordered the element of disquiet arising from external circumstances has made those things that he could akin to himself, and the rest at least not alien; but with all to which he could not do even this, he has refrained from mixing, and has expelled from his life all which it was of advantage to treat thus.

[PD40](#). As many as possess the power to procure complete immunity from their neighbors, these also live most pleasantly with one another, since they have the most certain pledge of security, and, after they have enjoyed the fullest intimacy, they do not lament the previous departure of a dead friend, as though he were to be pitied.

And:

Yet nevertheless some men indulge without limit their avarice, ambition and love of power, lust, gluttony and those other desires, which ill-gotten gains can never diminish but rather must inflame the more; inasmuch that they appear proper subjects for restraint rather than for reformation. (from the Torquatus material in On Ends Book 1)