

# Multiple Components Comprise the Epicurean Life

Post by “Godfrey” of October 21, 2021 at 11:13 PM

[Quote from Kalosyni](#)

Emphasis on action as a verb, rather than on an object or noun.

For some reason this brings to mind static and kinetic pleasures. Expressed as verbs, static pleasure is *understanding* the correct philosophy while kinetic pleasure is *living* joyously, wisely beautifully, rightly.