

# **An Epicurean Understanding of Pleasure**

**Post by “Godfrey” of October 7, 2021 at 9:00 PM**

I was trying to point out that "these things" or "these matters", being the various categories of desires, "makes it possible" or "enables one" to refer choices and avoidances to pleasure and pain. So, conversely, without understanding the categories of desires one can't make proper decisions regarding pleasure and pain.

It wasn't my intention to question that bodily health and freedom from disturbance could refer to anything other than pleasure in this instance. Apologies for the lack of clarity!