

# **An Epicurean Understanding of Pleasure**

**Post by “Marco” of October 6, 2021 at 7:11 AM**

Cassius, I speak Dutch, so this is a google translation. No, no further explanation is needed. I found that division into short and long pleasure strange because it doesn't match RS 19.

My personal experience is that if, for example, I paint intensely (I'm sitting alone in a forest somewhere and have no pain or hunger, my cellphone is off, my material is fine and I am not disturbed by noise or passers-by) time falls away. Suddenly I'm two or three hours away, without realizing time. In pleasure there is no time, only flow. I've always associated that feeling of timelessness with RS 19.

But beware, when I think at a moment: 'what am I doing timeless painting', time also comes back. Well-being must not be polluted in any way. Every pollution pulls me back in time.