

# Welcome Cleveland Oakie!

Post by “Cassius” of October 5, 2021 at 5:52 AM

[Quote from Cleveland Okie](#)

Haris Dimitriades.

I've had many good exchanges with Haris over the last ten years via Facebook, and I have his book too. Among the recent ones that focus on the more practical aspect of applying Epicurean philosophy I think his is one of the better ones.