

# Welcome Cleveland Oakie!

**Post by “Cleveland Okie” of October 4, 2021 at 9:26 PM**

Thanks for the welcome.

How I got here: I have run across references to Epicureanism before that made the philosophy seem interesting, but what sparked my recent concentration was this blog post by Bryan Caplan:

[40 Things I Learned in My First 40 Years - Econlib](#)

Today I turn 40. To ease the pain, I've decided to write a list of important lessons I've learned during my first four decades. In no particular order:...

[www.econlib.org](http://www.econlib.org)

Where he writes, "The best three pages in philosophy remain Epicurus' "Letter to Menoeceus."

I read the letter, I think the version on your website, and I am now almost finished with "Epicurus and the Pleasant Life" by Haris Dimitriades. I have downloaded a copy of the DeWitt book and I plan to read it soon.