

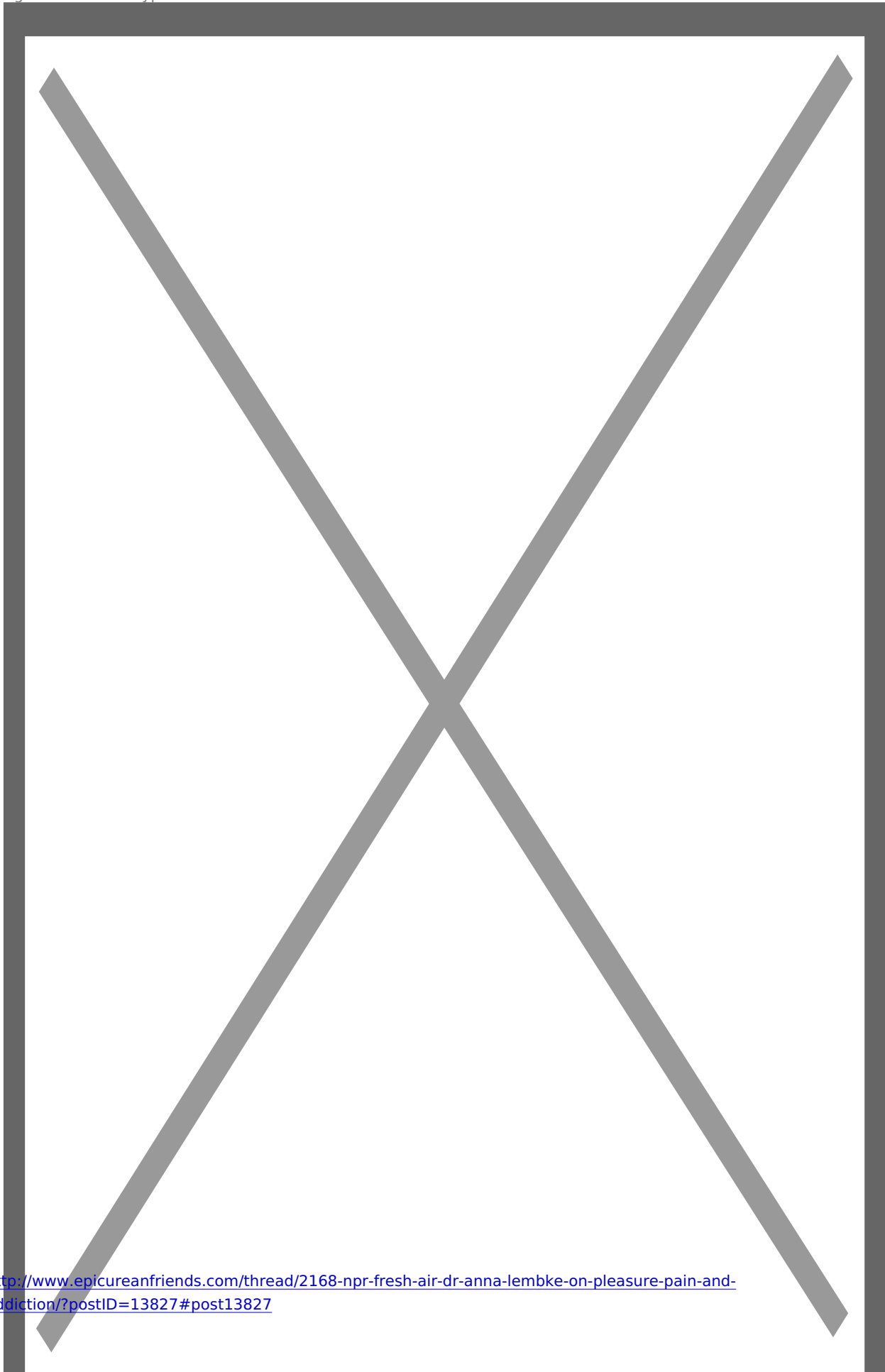
## **NPR Fresh Air: Dr. Anna Lembke on pleasure, pain, and addiction**

**Post by “Godfrey” of September 7, 2021 at 6:42 PM**

My only exposure to the circumplex has been in LFB's book, so I can't say that I fully understand how it's meant to be read. Every time I look it up, I get a different understanding.

With that in mind, the History section of this Wikipedia entry credits it to Timothy Leary and describes it as I originally understood it: the circle being the limit and the intersection of the axes being neutral. However there are entire books written about circumplexes and it could be that there are various interpretations. The quote that I posted earlier in this thread came from an online excerpt of an out of print book on circumplexes and gave me the impression that all relevant data occurs on the circle itself and not inside of it. So the whole circumplex model is, to me, more of a mystery the more that I get in to it, which is compromising it's usefulness. (Insert Timothy Leary joke here.)

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<http://www.epicureanfriends.com/thread/2168-npr-fresh-air-dr-anna-lemcke-on-pleasure-pain-and-addiction/?postID=13827#post13827>

[Interpersonal circumplex - Wikipedia](https://en.m.wikipedia.org)  
en.m.wikipedia.org