

# NPR Fresh Air: Dr. Anna Lembke on pleasure, pain, and addiction

Post by “Cassius” of August 29, 2021 at 7:42 AM

## [Quote from Don](#)

If you're alive you're either feeling pleasure or pain

I agree that that's an important point.

## [Quote from Don](#)

Especially katastematic as "static", I'm needing to delve deeper into the original texts where that and its derivations are used.

I think if you eventually find the time you will find what you're looking for in Gosling & Taylor's "Greeks on Pleasure." It's stated there (somewhere) that the whole issue doesn't seem to derive from motion, because everything is always in motion, and if I recall correctly you'll find documentation there that the Greeks considered even thinking to be a form of motion. So the whole issue is clear as mud (which is why I find it so unhelpful).

## [Quote from Don](#)

I should also do a search for what papers cite [Nikolsky](#) to see if we can expand on his ideas with other (of any) authors.\*\*\*

Good idea, but like I said, I think [Nikolsky](#) himself cites Gosling and Taylor as HIS inspiration (or else he told Elli and me that in a skype call we had several years ago). So the key analysis started with G&T and what [Nikolsky](#) added (if I recall) was basically to track it down to the "division of Carneades" as the likely reason that Laertius picked it up (since Laertius was telling his readers how several philosophers/issues fit under Carneades' categories).