

# **NPR Fresh Air: Dr. Anna Lembke on pleasure, pain, and addiction**

**Post by “Don” of August 28, 2021 at 9:44 PM**

## [Quote from Cassius](#)

Personally, I doubt that the denial of a neutral state is of as much practical significance as it is of "logical" significance in debating with Plato on the nature of pleasure as the greatest good.

I'm not sure about that. It could have been (and I admittedly need to return to the texts) connected with his observation in PD2 that all feeling is based on consciousness and if you were neutral that might imply not having any sensation. If you're alive you're either feeling pleasure or pain