

NPR Fresh Air: Dr. Anna Lembke on pleasure, pain, and addiction

Post by “Don” of August 27, 2021 at 8:48 PM

[Quote from Cassius](#)

Stable

and "without pain" and "without disturbance" I think are adverbs

ataraxia and aponia are nouns not adverbs. They are states, best translated into English by words ending in -ness, e.g., painlessness or calmness.