

NPR Fresh Air: Dr. Anna Lembke on pleasure, pain, and addiction

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This is a great find, Don, because – as I recall from the Epicurean Philosophy Facebook group – we've had numerous Stoic opponents rail against Epicureanism like it's a *Gateway Drug to Hard Pleasures*. This reinforces the centrality of **stability** in Epicurean philosophy and provides an obvious reason why not all pleasures are to be chosen.