

# Various ideas of happiness

Post by "Don" of August 13, 2021 at 7:27 AM

## [Quote from Cassius](#)

I think that's what Epicurus was pointing to and those who insist on pegging a single abstract concept as "the good" are going to forever be at war with Nature and with Epicurus.

Hmmm. Epicurus equated pleasure (or living a pleasurable life) with the "good", ex., 3rd line in the Tetracharmakos. Lucretius's summum bonum is just the "greatest good." The "good" is just that to which everything else points (again, using an English word for an ancient concept). The difference is the experience of pleasure isn't an abstract concept... Even though the word "pleasure" attempts to capture that lightning in a bottle. The problem isn't that other philosophies point to a "good" (they all do that, including Epicurus) it's that other philosophies ground their goal or "good" in something other than Nature. Virtue is the "good" of the Stoics, but Epicurus says they strive for their "good" just because "being virtuous" brings them pleasure. Aristotelians find their "greatest good" in the philosophical, contemplative life... Because it gives them pleasure.

Or are we saying the same thing different ways, [Cassius](#) ?