

Welcome Philia!

Post by “Kalosyni” of August 7, 2021 at 12:47 AM

[Quote from Godfrey](#)

the Buddhist desire to get rid of desires

For me it seemed that in the Buddhism there is an attitude of acquiescing and accepting things as they are, and yet we are alive and have human needs.

This is where I find Epicurus to be of great help in that he has categories of needs - natural and necessary; natural and unnecessary; and culturally conditioned and fruitless.

And from what I understand human connection and friendship is both a natural and necessary need, which back in Epicurus' time was probably much easier to have fulfilled compared to our current times.