

A Feeling Something Like Loneliness

Post by “Godfrey” of June 9, 2021 at 3:07 AM

It's bittersweet how we all get busy with our lives and lose track of people and places that we were once so close to. Sometimes due to moving to new places, demanding jobs, raising a family, caregiving, all of these or many more. And it's not just people and places: at some point we can look at who we, ourselves, used to be and wonder where we went.

I keep seeing articles and podcasts about this, sadly it seems to be pretty common these days. Epicurean friendship and prudence are invaluable in this regard; I wish that I'd discovered these tools long ago! Although the stability of the garden is long gone, the knowledge and understanding that remain can still help us in the sometimes difficult work of living.

Odd feelings and reflective moods, pleasures and pains: our guides, for as long as we listen.