

Is There A Relationship Between "Anticipations" and "Instinct"?

Post by "Don" of April 24, 2021 at 2:42 PM

A quick clarification that may have led to some confusion:

When I say Anticipations are similar to "mental concepts" in modern neuroscience, I'm not talking about rational reasoning. [Godfrey](#) may be able to help me with this.

A "concept" in this sense is a technical term that denotes a mental model against which your brain compares sensations coming in and uses to make predictions on the course of action to keep your body budget in equilibrium. Its all pre-rational, we don't "know" it's going on. The model or concept can get refined but it works below the surface.

I'm not explaining this very well, but I wanted to be clear I'm not referring to a "conceptualizing" or "reasoning."

[Godfrey](#) ? Help 😊 .