

# Is There A Relationship Between "Anticipations" and "Instinct"?

Post by "Eikadistes" of April 24, 2021 at 10:54 AM

## [Quote from Don](#)

Just FYI: Modern brain research has debunked the 3-part human brain. All mammalian brains (and possibly others, sorry, can't recall off the top of my head .... pun not necessarily intended) contain all those parts to varying degrees. See the work of Dr. Barrett and others.

[https://how-emotions-are-made.com/notes/Triune\\_brain\\_myth](https://how-emotions-are-made.com/notes/Triune_brain_myth)

<https://drsarahmckay.com/rethinking-the-reptilian-brain/>

<https://thebrainscientist.com/2018/04/11/you...a-lizard-brain/>

The *3-part human brain* schema always struck me as being **Platonic** (and **Freudian**, for that matter)

1. the rational **superego** of the "human" *logos* (λογιστικόν), or *logistikon*
2. the selfish **ego** of the "mammalian" *thymos* (θυμοειδής), or *thumoeides*
3. the defensive **id** of the "reptilian" *eros* (ἐπιθυμητικόν), or *epithumetikon*

There seems to be a correlation between the three *gunas* (psychological qualities) posited in the *Gita*:

1. Sattva (□□□□), being understanding, patient, orderly, and wise
2. Rajas (□□□), being ambitious, passionate, and egotistical
3. Tamas (□□□), being vindictive, defensive, violence, and destructive

I'm curious if there is a historical link between the aforementioned division of *Threes*. I note a division of *Fours* that can be found throughout history from Hippocrates' four humors to Galen's four personalities, to the four stations of life in Hinduism and the Indian caste system that reflects it, to contemporary American job-placement tests: there is a direct, historical evolution there. There may be for *Threes*, too.