

## **PD10 - Interpretations of PD 10 Discussion**

**Post by “Elayne” of January 19, 2021 at 9:48 PM**

Addiction is mostly pain and then all pain, from reports of my patients. Initially the "hits" cause pleasure but eventually they don't anymore. But the addicted person keeps going for the hits in hopes they will work again, and to avoid withdrawal symptoms, which are even more painful.

The desire in addiction is not pleasurable, although in other non-addiction settings, desire can be pleasurable.

Anger can occasionally be pleasurable in my personal experience, but the kind of anger I see drummed up on social media appears to be unpleasant for the experiencers. It seems mixed with a lot of unpleasant fear, unpleasant resentment, unpleasant bitterness. I am mostly not observing people who report enjoying it. Lots of folks saying they feel very stressed out.

The goal of the designers is just to keep people hooked so they can be marketed to. Not to make them feel ongoing pleasure.